

# SIN RUINS MY HEART

## REVIEW - FALL

### BIG TRUTH: SIN RUINS MY HEART

2 Chronicles 12:14; Psalm 55:15; Job 41:24; Isaiah 64:6; Jeremiah 4:14; Matthew 12:34; 15:19; Romans 2:5; Hebrews 3:12

### BIBLE VERSE: ROMANS 3:23

*for all have sinned and fall short of the glory of God.*

### BIG IDEAS

- We are broken in our sin.
- Our sin makes us selfish.
- Our sin makes us lie.
- Our sin makes us disobey.
- Our sin makes us empty.

### BIBLE STORY: PSALM 51 (DAVID'S RESPONSE TO HIS SIN)

Sin is not just when we do bad things and then say we are sorry and move on. Sin has great effects on us and on the world around us. Sin wrecks our hearts. It is because we are sinful that we do things that hurt other people. David shows us one example of this in the Bible, when he responds to his sin in Psalm 51. David acknowledges that he has sinned against God and that his sin has ruined his heart. In our sin, we do not just need to be made better, we need a new heart.

### STORY: FALL

Everything was perfect in the world until we broke it. When humanity chose to sin, the world that was once perfect became messed up and broken. Sin is ultimately a rejection of God Himself. Because of sin bad things happen, we experience all types of pain, and death has come into the world. All of creation groans and wishes that the world be perfect and good like it was before.

### BIG AIMS



#### Every child should know that:

- Sin destroys our hearts, and we need Jesus to give us new hearts



#### Every child should feel:

- Sorrow over sin



#### Every child should:

- Recognize their own selfishness, lies, or disobedience as examples of sin in their lives



#### Every child should want:

- To repent of sin and be given a new heart in Jesus

### FAMILY DEVOTION

Guide 9 acts as a review for the preceding weeks. Use this guide and devotion to support, reinforce, and review concepts learned throughout the past weeks and to test your child's understanding and memory of these truths.



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**BIBLE VERSE: ROMANS 3:23**

*for all have sinned and fall short of the glory of God.*

**We all have sinned against God.**

- Every person is born with a sinful heart.
- Our sinful hearts lead us to sin.
- Our sin is rebellion against God.
- It causes us to reject God and to turn away from Him.
- There is no one who is without sin.
- Our hearts are sinful and lead us to reject God.

**God is perfect.**

- God is perfect and holy.
- There is no sin in God.
- His glory is His holiness put on display for us to see.
- When we sin, we fall short of this glory.

**Our sin causes us to be separated from God.**

- We were created by God to be with God.
- Our sin causes us to fall short of God's perfection.
- Our sin causes a separation between us and God.
- Our hearts are ruined because of our sin, and this ruins our relationship with God.
- We cannot fix our own separation, only God can fix it.

**BIBLE STORY: PSALM 51****Opening Illustration:**

Bring in enough tall socks for each child to have one. Bring in several bags of dry beans or rice. Use a plastic cup to fill the bottom portion of the sock with rice or beans. Help the children tie the sock using the tall section of the sock. Double knot the sock so the rice and beans are secure. Next, mark a spot on the floor. Have the children take turns standing far away from the mark and tossing their beanbag socks. Talk with the children about how no matter how hard we try we still miss the mark. Talk with them about how we cannot save ourselves or fix our brokenness.

- We may try hard every day, but we cannot save ourselves.
- Only Jesus can pay our sin debt and give us salvation.

Guide 9 acts as a review for the preceding weeks. The Big Ideas in Guide 9 are the Big Truths that were learned in Guides 4-8. Use this week as an opportunity to review and reinforce these truths. For further study, information, or resources, refer back to Guides 4-8.

### **BIG IDEA: WE ARE BROKEN IN OUR SIN.**

BIBLE VERSE: ROMANS 6:23A

*“For the wages of sin is death.”*

See Guide 4 for more information on this Big Idea.

### **BIG IDEA: OUR SIN MAKES US SELFISH.**

BIBLE VERSE: COLOSSIANS 3:5A

*“Put to death therefore what is earthly in you”*

See Guide 5 for more information on this Big Idea.

### **BIG IDEA: OUR SIN MAKES US LIE.**

BIBLE VERSE: COLOSSIANS 3:9

*“Do not lie to one another, seeing that you have put off the old self with its practices.”*

See Guide 6 for more information on this Big Idea.

### **BIG IDEA: OUR SIN MAKES US DISOBEY.**

BIBLE VERSE: ISAIAH 3:8

*“For Jerusalem has stumbled, and Judah has fallen, because their speech and their deeds are against the Lord, defying His glorious presence.”*

See Guide 7 for more information on this Big Idea.

### **BIG IDEA: OUR SIN MAKES US EMPTY.**

BIBLE VERSE: JEREMIAH 2:13

*“For my people have committed two evils: they have forsaken me, the fountain of living waters, and hewed out cisterns for themselves, broken cisterns that can hold no water.”*

See Guide 8 for more information on this Big Idea.

## HOOKS

**Not In Our Strength**

Bring in several plastic tubs filled with heavy objects. Make sure the tubs are too heavy to be lifted by one child. Tell the children that you need the tubs moved to the other side of the room. Ask the children to take turns moving the tubs. When they cannot do it by themselves, tell the children to work together as a group to move the tubs. Once they move the tubs, lead the children in a discussion about how Gideon and the Israelites couldn't defeat the Midianites by themselves and we cannot pay our sin debt. Sin ruins our hearts.



- Gideon and the Israelites could not defeat the Midianites without God's help.
- God fought for the Israelites and He defeated the Midianites.
- Could you move the tubs by yourselves? (No, they were too heavy.)
- Our sin is like the tubs. There's no way we can pay for it ourselves.
- Sin ruins our hearts.

**Not Alone**

Bring in a bandana to use as a blindfold. Set up a small obstacle course in the classroom. Next, tell the children they are going to take turns going through the obstacle course blindfolded. Let them try to make it through the obstacle course with the blindfold. Once a few children have tried, assign a helper to the blindfolded child and then ask the pair to go through the obstacle course without hitting anything. Next, lead the children in a discussion about how we cannot pay our own sin debt.

- It was difficult and impossible to make it through the obstacle course blindfolded and alone.
- What helped you make it through the obstacle blindfolded? (Having a helper made it possible to get through the obstacle course.)
- Our sin debt is too great for us to pay and we are not sinless.
- Sin ruins our hearts.