

BIG TRUTH: GOD KNOWS ME

Psalm 139:1-6; 1 Samuel 16:7; 1 Chronicles 28:9; Jeremiah 1:5; 32:17-19; Hebrews 4:12-13

BIBLE VERSE: PSALM 139:16

"Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me when as yet there was none of them."

BIG IDEAS

- God knows us because He made us.
- God knows who we will be.
- God knows us better than we know ourselves.
- God knows us because He sees the heart.

BIBLE STORY: JOHN 1:35-50

In this passage we see Jesus calling His disciples to follow Him. Even before He came to earth, He knew who His disciples would be. He knows each one of us in the same way. Because God is our Creator, He knows the number of days we will live and He has a perfect plan for those days. Just as Jesus knew His disciples even before they left everything to follow Him, we are known by God.

STORY: CREATION

God created everything. Everything we see, hear, feel, taste, and that exists was created by Him. Not only did He create everything, but He created everything perfectly, including humanity. He created mankind in His very image and likeness to reflect His worth. All of creation was made just like He wanted and designed it to be. To His delight, God looked at everything He made and declared that it was good. All creation exists for God, is good, and was created to bring Him glory.

BIG AIMS**KNOW****Every child should know that:**

- God created man and woman in His image

**DO****Every child should:**

- Respect other people as image bearers

**FEEL****Every child should feel:**

- Unique among all creation as an image bearer

**WANT****Every child should want:**

- To be holy and reflect God's image well

GOD KNOWS US BECAUSE HE MADE US

Play a game with your child in which you try to guess each other's thoughts about an object in the room. Talk with your child about how we don't know what people are thinking unless they tell us, but God knows everything about us. He created us. He knows us very well, better than anyone else knows us.

DISCOVER IT: *(Use the passage to illustrate the Big Truth.)*

John 1:35-50.

THINK ABOUT IT: *(Use the commentary to reinforce the Big Truth.)*

When Jesus called His disciples to follow Him, it was not random or by chance. Before these men were even born, God knew they would be the disciples of Jesus. Even as Jesus is calling them to leave everything and follow Him, He shows them that He knows them very well. He knows about Nathanael and Simon Peter. He knows about each one of them and where they were going to be the day He calls them to follow Him. God knows us the exact same way. He made us, formed us with His own hands in our mother's womb. He knows us better than we even know ourselves.

TALK ABOUT IT: *(Use the questions to discuss the Big Truth)*

- What did Jesus know about the disciples? (He knew where they were going to be, what they thought, and how they felt. He knew everything.)
- What does God know about us? (He knows everything.)
- How does God know everything about us? (He made us so He knows everything about us.)



As a family, memorize Psalm 139:16 by playing a game of freeze tag. The person who is "frozen" gets to say the verse out loud to get unfrozen.



Take turns tracing each family member on a large piece of paper. Next, spend time coloring each outline to look like each family member. Talk with your child about how you know each other really well because you live with each other. Even though you know each other well, God knows you even better because He created you.



Before bedtime, spend some time talking about your heart. Remind your child that our hearts reveal, or show what we're really like. God knows our hearts even when we don't tell other people what we're thinking or feeling. Share something with your child that you haven't shared before, such as a fear of something or something you really like. Remind your child that God knows all of these things without us ever saying them because He sees our hearts.



Spend some time as a family naming some of the special things you know about each other that other people might now know. Then pray, thanking God for creating each of you as He did.