

BIG TRUTH: SIN RUINS MY HEART

2 Chronicles 12:14; Psalm 55:15; Job 41:24; Isaiah 64:6; Jeremiah 4:14; Matthew 12:34; 15:19; Romans 2:5; Hebrews 3:12

BIBLE VERSE: ROMANS 3:23

for all have sinned and fall short of the glory of God.

BIG IDEAS

- We are broken in our sin.
- Our sin makes us selfish.
- Our sin makes us lie.
- Our sin makes us disobey.
- Our sin makes us empty.

BIBLE STORY: PSALM 51 (DAVID'S RESPONSE TO HIS SIN)

Sin is not just when we do bad things and then say we are sorry and move on. Sin has great effects on us and on the world around us. Sin wrecks our hearts. It is because we are sinful that we do things that hurt other people. David shows us one example of this in the Bible, when he responds to his sin in Psalm 51. David acknowledges that he has sinned against God and that his sin has ruined his heart. In our sin, we do not just need to be made better, we need a new heart.

STORY: FALL

Everything was perfect in the world until we broke it. When humanity chose to sin, the world that was once perfect became messed up and broken. Sin is ultimately a rejection of God Himself. Because of sin bad things happen, we experience all types of pain, and death has come into the world. All of creation groans and wishes that the world be perfect and good like it was before.

BIG AIMS**Every child should know that:**

- Sin destroys our hearts, and we need Jesus to give us new hearts

**Every child should feel:**

- Sorrow over sin

**Every child should:**

- Recognize their own selfishness, lies, or disobedience as examples of sin in their lives

**Every child should want:**

- To repent of sin and be given a new heart in Jesus

REVIEW

Guide 9 acts as a review for the preceding weeks. Use this guide and devotion to support, reinforce, and review concepts learned throughout the past weeks and to test your child's understanding and memory of these truths.

DISCOVER IT: *(Use the passage to illustrate the Big Truth.)*

Psalms 51

THINK ABOUT IT: *(Use the commentary to reinforce the Big Truth.)*

Psalms 51 is David's response to his sin after Nathan the prophet came to rebuke him for his sins with Bathsheba. David's response models one of repentance before the Lord. He acknowledges his sin before the Lord, and he acknowledges how deep his sin goes in his heart. He was born in iniquity and his sin is ultimately a rejection of God. He needs God to cleanse him of his sin and to give him a new spirit that is right before the Lord. David cries out for the discipline of the Lord, but also His restoration. David knows that he does not just need to be better or do good things, but he needs a new heart. This is true for all of us as well, because sin ruins our hearts.

TALK ABOUT IT: *(Use the questions to discuss the Big Truth)*

- Who did David ultimately sin against? (David sinned against God)
- What did David need? (David needed a new heart)
- Why do we need new hearts? (Sin ruins our hearts)
- How can we get a new heart? (God can give us a new heart through Jesus)



As a family, memorize Romans 3:23-24 by writing the verses on index cards and placing the cards throughout your house. Take turns hunting for a card and then saying the verses out loud.



Spend some time as a family playing games that require partners, such as two-legged races, double-dutch jump rope, tug-of-war, etc. As you play these games, talk about how hard it would be to do them by yourself. Some of them would even be impossible. Remind your children that it is impossible for us to pay our sin debt. We need Jesus to pay our sin debt because sin ruins our hearts.



As a family spend some time talking about the things that are impossible for humans to do, such as fly without help, walk on water, breathe like a fish underwater, etc. Remind your child that it is impossible for us to pay our sin debt. Only Jesus could pay our sin debt. Sin ruins our hearts.



As a family, create your own family shield using poster board or cardstock. Help your child design the shield and talk with him or her about how Gideon only had three hundred men to fight the Midianites with, but God fought for them. Remind them that God is the only one who can overcome our sin through Jesus.

As a family, spend some time at meal times naming the things that God helps us with daily. Pray, thanking God for overcoming our sin through Jesus.