

JESUS SETS US FREE TO SERVE OTHERS

BIG TRUTH: JESUS SETS US FREE TO WALK BY THE SPIRIT

Romans 8:4, 14; John 16:13; Colossians 3:12

BIBLE VERSE: GALATIANS 5:16

“But I say, walk by the Spirit, and you will not gratify the desires of the flesh.”

BIG IDEAS

- When we walk by the Spirit, we will deny the desires of the flesh.
- Works of the flesh are evidence that we are slaves to sin.
- Fruit of the Spirit is evidence that we are set free in Christ.

BIBLE PASSAGE: GALATIANS 5:16-25

UNITE: LIVING IN FREEDOM

The Unite year is an exploration of what it means to be united in Christ as the family of God (Romans 12:5). When we are saved, we are brought into the family of God- seen throughout the Old Testament as “God’s People” and in the New Testament and today as the church (Exodus 6:7; Colossians 1:18). We are set free from our sin to walk in freedom in Christ (Galatians 5:1) and use our influence to call others to do the same.

SERIES AIMS



Every student should know...

- True freedom is only found in being a servant of Jesus
- We are set free not to do whatever we want, but to live for Christ



Every student should feel...

- Grateful for Christ who sets us free
- Convicted of the ways that they are ruled by the desires of their flesh
- Responsible to use their influence to make much of God alone



Every student should strive to...

- Read through the book of Galatians each week
- Memorize the Bible verse each week
- Deny the desires of their flesh to walk in step with the Spirit



Every student should want...

- See the ways that they are tempted to pursue self-salvation, and repent of these
- Live for the approval of God, not others
- Help others move out of slavery to sin toward freedom in Christ

STUDENT WORKOUT:

This week we will consider the truth that we are set free to walk by the Spirit. We will pray for hearts that seek to bear the fruit of the Spirit. We will practice living by the Spirit so we grow in bearing the fruit of the Spirit.

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Read Galatians 5:16-25 this week and answer the questions below in your journal:

- What does it mean to “walk by the Spirit”? How does this help a person not gratify the desires of the flesh?
- How are the desires of the flesh opposed to the works of the Spirit?
- From Paul’s list of the works of the flesh, how are they a summary of the fallen condition of mankind?
- What does Paul mean when he says that people who do the works of the flesh will not inherit the kingdom of God?
- How is the fruit of the Spirit different from the works of the flesh?
- What command does Paul give in verse 25?

Read and meditate on Galatians 5:16-25 this week. Use the questions below to guide your meditation:

- Ponder the truth that you are set free to walk by the Spirit. How does your daily life reveal that you are being led by the Spirit?
- Consider the truth that people who do the works of the flesh are still enslaved by their sin. How do the works of the flesh reveal that people are enslaved by their sin natures?
- Ponder the truth that the fruit of the Spirit is evidence that you know Jesus. How has the Spirit helped you to bear this fruit?



Spend some time in prayer this week.

- Confess the ways that you are tempted to give into the desires of your flesh and ask God to help you grow in your desire to walk by the Spirit.
- Pray with your parents or small group leader this week. Ask God to guide you to deny your flesh and to walk by the Spirit.



Memorize Galatians 5:16 this week.

- Ask a friend or your parents to help you memorize the verse.
- Make a list of the works of the flesh that are temptations to you. Consider how you can practically limit yourself from these temptations and choose each day this week to purposely deny them to walk by the Spirit.
- Meet with your small group leader to discuss the ways you can purposefully walk by the Spirit every day. Discuss how you can practice an awareness of the Spirit so that you can be led by Him.