

WISDOM CHOOSES TO
GUARD THE HEART

BIG TRUTH: WISDOM CHOOSES TO GUARD THE HEART

Philippians 4:6-7; Proverbs 7:25; 1 Peter 5:8; Proverbs 23:26

BIBLE VERSE: PROVERBS 4:23

"Keep your heart with all vigilance, for from it flow the springs of life."

BIG IDEAS

- Wisdom protects us from folly by constantly calling us to hold fast to what is true.
- Wisdom knows what draws the heart away and chooses to reject what is false.
- Wisdom is a decision to search for God and aim our heart to follow His paths.

BIBLE PASSAGE: PROVERBS 4

KNEEL: LIVING IN WISDOM

The Kneel Year is an exploration of what it means to worship God with our all (Luke 10:26-28) and to use our influence to lead others to do the same. We know that as we pursue a life of worship, we will pursue a life of both wisdom and mission. Throughout this year we will study and pursue the wisdom of God through the book of Proverbs and the mission of God through the book of Acts, and we will learn how both of these things must inform and shape our influence as Jesus followers!

SERIES AIMS



Every student should know...

- What wisdom is.
- Why wisdom is worthy to be pursued.
- How to grow in wisdom.



Every student should feel...

- Love for God who gives all wisdom.
- Satisfied and secure in the wisdom of God.
- Responsible to use their influence to live for Jesus alone.



Every student should strive to...

- Read through the book of Proverbs one time each month.
- Memorize the Bible verse each week.
- Repent of the ways they have not pursued God and His wisdom.



Every student should want...

- To fear the Lord and keep His commandments.
- To live their lives in pursuit of true wisdom.
- To guard their heart from all impurity.

STUDENT WORKOUT:

This week we will ponder how we aim our hearts. We will pray for a heart that seeks God's truth and we will practice pursuing God and His paths.

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Read Proverbs 4 this week and make notes in your journal. Answer the questions below in your journal:

- Read Proverbs 4 in its entirety. Make note of any repeated words you find. Write them in your journal.
- Read Proverbs 4:5. What does it mean to get wisdom and insight? What can cause us to forget wisdom and insight?
- According to Proverbs 4:7-9, what are the results of getting wisdom and insight?
- According to Proverbs 4:13, what must be guarded and why?
- What does it look like to remain on the path of truth according to Proverbs 4:25-27?

Read and meditate on Proverbs 4 this week. Use the questions below to guide your meditation:

- Ponder your personal pursuit of God's truth. Do you pursue wisdom and insight? Do you prize them above all else?
- Consider the path you are on. Are you on God's path or are you on the world's path?
- Ponder your response to receiving instruction and correction. How do you receive instruction?



Spend time praying with your parents.

- Ask God to guide you to pursue His truth and to remain on His path.
- Pray with your small group leader this week. Ask God to help you see the ways you are not aiming your heart.



Memorize Proverbs 4:23 this week.

- Ask a friend or your parents to help you memorize the verse.
- Choose one or two verses from Proverbs 4 and write them in your journal this week. Spend time studying these verses and writing out what it looks like in your own life to pursue God's truth.
- Meet with your small group leader to discuss some ways that you can aim your heart. Think through some of your relationships and ways that you can guard your heart so that you live in a more pleasing way to God.