

JESUS FOLLOWERS PUT ON SELFLESSNESS

BIG TRUTH: JESUS FOLLOWERS PUT ON SELFLESSNESS

Philippians 2:3-4, 17; Romans 12:3; John 15:12-14; Luke 6:35; Philippians 2:5-8

BIBLE VERSE: COLOSSIANS 3:12-13

“Put on then, as God’s chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive.”

BIG IDEAS

- We are undeserved recipients of God’s compassion, love, and kindness.
- The gospel compels us to shift our focus from ourselves to others by embracing humility and meekness.
- The gospel compels us to be people who approach others with kindness, patience, longsuffering, and forgiveness.

BIBLE PASSAGE: COLOSSIANS 3:12-13

KNEEL - I AM AN IMAGE BEARER

The Kneel Year is an exploration of what it means to worship God with our all (Luke 10:26-28). Worship is not something that is limited to a service once a week, but instead occurs every day, in all of life. We are unceasing worshipers. Worship never stops, it only changes directions. In order to worship God with all of our heart, soul, strength, and mind, we must embrace our identity as image bearers. It is out of that identity that we can begin to live for God’s glory in all of life (Colossians 3:17).

SERIES AIMS



Every student should know that...

- They exist for God’s glory
- The life of a Jesus follower is a life of constantly pursuing being more like Christ.



Every student should feel...

- A deep love for God’s Word.
- Humbled that God would use us to make Him known.



Every student should strive to...

- Spend time each day studying God’s Word and letting it shape their thoughts, feelings, and actions.
- Flee temptation and strive to “put off” sinful desires, thoughts, and actions.



Every student should want...

- To have a healthy fear of the Lord that leads them to walk in His wisdom.
- To pursue Christlikeness in their attitudes, desires, thoughts, and actions.
- To walk in and model a life of purity because God is pure.

FAMILY WORKOUT:

This week we will consider how to lead our son or daughter to put on selflessness. We will pray with them and for them to understand the gospel in a way that leads to their focus shifting to others and not themselves. We will lead them to practice bearing with others as Christ bears with us.

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Read and mediate on Colossians 3:12-13 every day this week.

- Consider how you can discuss with your son or daughter what it means to bear with others. How can you model focusing on others and not yourself for your son or daughter this week? How can you help your son or daughter understand the gospel in a way that leads them to live a life of selflessness? In what ways can you help them practice patience and forgiveness with others?
- Consider how you can help your son or daughter show kindness, meekness, and humility towards others. How can you help your son or daughter identify the people with whom they find it difficult to forgive or to show kindness to? How can you lead them to practice meekness this week?



Set aside time to pray for your son or daughter this week.

- As you pray, ask the Holy Spirit to help you live in such a way that you model a focus on others instead of a focus on self.
- Pray with your son or daughter this week. As you pray together, ask the Holy Spirit to give your son or daughter a greater understanding of the forgiveness that they have received in order to live a life of forgiveness to others.



Discuss with your son or daughter some ways that you struggle to be meek or to forgive others.

- Share some of the verses that have helped you and discuss how the gospel helps you forgive others.
- Ask your son or daughter for their forgiveness for a time or way in which you have wronged them this week. Model forgiveness and asking for forgiveness by seeking theirs when you have wronged them.
- Discuss what it means to bear with one another with your student this week. Help them make a plan to memorize verses that encourage them to put others first.