

JESUS FOLLOWERS PUT ON SELFLESSNESS

BIG TRUTH: JESUS FOLLOWERS PUT ON SELFLESSNESS

Philippians 2:3-8, 17; Romans 12:3; John 15:12-14; Luke 6:35

BIBLE VERSE: COLOSSIANS 3:12-13

“Put on then, as God’s chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive.”

BIG IDEAS

- We are undeserved recipients of God’s compassion, love, and kindness.
- The gospel compels us to shift our focus from ourselves to others by embracing humility and meekness.
- The gospel compels us to be people who approach others with kindness, patience, longsuffering, and forgiveness.

BIBLE PASSAGE: COLOSSIANS 3:12-13

KNEEL - I AM AN IMAGE BEARER

The Kneel Year is an exploration of what it means to worship God with our all (Luke 10:26-28). Worship is not something that is limited to a service once a week, but instead occurs every day, in all of life. We are unceasing worshipers. Worship never stops, it only changes directions. In order to worship God with all of our heart, soul, strength, and mind, we must embrace our identity as image bearers. It is out of that identity that we can begin to live for God’s glory in all of life (Colossians 3:17).

SERIES AIMS



Every student should know that...

- They exist for God’s glory
- The life of a Jesus follower is a life of constantly pursuing being more like Christ.



Every student should feel...

- A deep love for God’s Word.
- Humbled that God would use us to make Him known.



Every student should strive to...

- Spend time each day studying God’s Word and letting it shape their thoughts, feelings, and actions.
- Flee temptation and strive to “put off” sinful desires, thoughts, and actions.



Every student should want...

- To have a healthy fear of the Lord that leads them to walk in His wisdom.
- To pursue Christlikeness in their attitudes, desires, thoughts, and actions.
- To walk in and model a life of purity because God is pure.

STUDENT WORKOUT:

This week we will consider how to put on selflessness. We will pray for a greater understanding of the gospel and how God bears with us and we will practice being like Christ in bearing with one another.

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Read and meditate on Colossians 3:12-13 every day this week.

- As you meditate on these verses consider the example of Jesus. How do Jesus' patience and long-suffering help you practice patience with others? What are some ways you can bear with others this week by showing kindness and forgiveness?
- Consider the ways that Jesus showed meekness and humility. In what ways do you struggle to be humble? What areas of your life do you struggle with pride? Do you think you are a meek person? How can you seek to be meek like Christ is meek?



Set aside time every day to pray this week.

- As you pray, ask the Holy Spirit to help you see the areas of your life that you lack kindness, humility, patience, and meekness. Pray for a heart that seeks to be like Christ in bearing with others.
- Set aside a time to pray with your parent or small group leader this week. As you pray together, confess some of the ways that you do not bear with others and are selfish. Ask for the Holy Spirit to help you live a selfless life for the glory of God.



Use a dictionary app or Bible app to look up the words “meekness,” “patience,” and “forgiveness.”

- Write these definitions down and then read Colossians 3:12-13. Look up the cross-references on your Bible app and write down a few of the verses. Choose one or two to memorize this week. Write them on index cards or put them in your phone. Seek to put on these attributes this week in your daily life.
- Discuss with your small group leader some of the ways you struggle with putting on selflessness. Share some of the verses you wrote down and discuss ways you can focus on others and not yourself.