

JESUS IS GOD AND MAN

FOUNDATION: GOD IS SON - GOD GIVES A RESCUER

BIG TRUTH: JESUS IS GOD AND MAN

Matthew 3:16-17; 28:18-20; John 1:14-18; 4:21-26; Romans 8:14-17; Galatians 4:4-7; Ephesians 2:18-22

BIBLE VERSE: JOHN 1:14

“And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of grace and truth.”

BIG IDEAS

- Jesus is fully God.
- Jesus is fully man.
- Jesus knows our fears and understands our pain.
- Jesus came to rescue us by dying in our place.

BIBLE STORY: MARK 4:35-41

Jesus’ deity and humanity are seen in Mark’s account of Jesus calming the stormy seas. While He slept in the stern of the boat, a great storm came up casting great fear in His disciples, but He silenced the wind and sea with only His words revealing His divine nature. Jesus is fully God and fully Man.

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God not only exists as Father, but also as Son. Jesus is the Son of God. Through the incarnation (putting on flesh), Jesus became fully God and fully man. There has never been and never will be a man like this. Even though Jesus was fully God, He chose to empty Himself and submit to the will of God the Father. God sent His Son to be our rescuer. This is only possible through Jesus’ sacrificial death in our place on the cross. The good news is that Jesus did not stay dead, but rose from the grave defeating sin and death!

BIG AIMS



Every child should know that:

- Jesus is the Son of God
- Jesus rescued us from our sins when He died on the cross



Every child should be able to:

- Explain why we pray “in Jesus’ name”



Every child should feel:

- Awe that God loves us so much he would send His Son to rescue us



Every child should want:

- To love Jesus who is our rescuer and to learn more about him

FAMILY DEVOTION: THE WORD BECAME FLESH

When Jesus took on flesh, He did not cease being God. Jesus is unique in that He is the only person to have two natures---a human one and a divine one. In His great love for us, He chose to become a man that He might live among us and then take on our sins when He was on the cross.

BIBLE VERSE: JOHN 1:14

“And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of grace and truth.”

Jesus took on flesh to be with humanity.

- John’s account of the life of Jesus begins with a statement on His humanity.
- This is great news to all mankind.
- John refers to Jesus as the “Word” in his account of the gospel.
- When Jesus, the Word, took on flesh to become a man, the world received its salvation.

Jesus’ humanity did not take away His deity.

- When Jesus took on flesh and became like men, He did not stop being fully God.
- He remained fully God when He became fully man.
- He has two natures, which means He has all the characteristics of man and all the characteristics of God at the same time.
- No one else is like this. Only Jesus is fully God and fully man.

Jesus is the only one who could save the world.

- His dual natures are the way in which He could take on the sins of the world.
- He remained God and became man.
- He lived fully as a man, in the same way that we live as men and women, yet He did so without sinning.
- No one else has ever done this, making Jesus the only person who could pay the price for our sins.

BIBLE STORY: MARK 4:35-41*Jesus Has Power Over Nature*

Supporting Scripture: John 10:30; Hebrews 2:5-18; 1 John 3:5

Teacher Introduction:

Jesus is a unique being. No one is like Him; only He is fully man and fully God. When God sent His Son to the world, He took on flesh and became like men. He did this that He might save man from his sin. He lived on this earth as a man, experiencing the same things that men experience, yet He did so without sin. He is the only perfect man to have lived on the earth. While He was fully man, He was fully God and this dual nature was seen in the miracles and healings that He did while on earth. Mark's account of Jesus' ministry includes the narrative of Jesus calming the storm. In this story we see Jesus the man and Jesus the Son of God. He is resting from fatigue, a very human feeling, and yet, He has authority over the wind and the sea. This story is more than men being rescued from a dangerous storm. It is a declaration of God being among men as one of them in order to save them from their sin.

Teaching Guide:

The guide below is provided to help you teach *Jesus Has Power Over Nature*. The four points are the Big Ideas that should guide your lesson as you share the narrative *Jesus Has Power Over Nature*. Footnotes are provided for further study of the text and God's interaction with His people. Throughout the lesson questions are placed to help you guide the preschoolers to think about and process the narrative---*Jesus Has Power Over Nature*.

Opening Illustration:

Gather a stuffed animal. It can be a bear or a rabbit, something that is distinctly recognizable. Then allow the children to put clothing on it such as fireman clothing or ballerina clothing.

- What is our stuffed animal? (A bear or rabbit.)
- What type of clothing does it have on it? (Fireman, policeman, ballerina, etc.)
- So is it not a bear or rabbit anymore since it has this clothing on it? (No, it's still a bear or rabbit, etc.)
- When Jesus came to earth, He put on flesh or became a man, but He didn't stop being God either.
- He is fully God and fully man at the same time.

BIG IDEA: JESUS IS FULLY GOD.**Jesus has a divine nature.**

- There are characteristics that are unique to God, things that make God, God.
- Jesus has those characteristics, or nature.
- He is not part God, but fully God.
- He is God.

Jesus has power over nature.

- Mark's account of Jesus calming the storm is a great example of Jesus' divine nature.
- When Jesus was awakened by the disciples, a great storm was raging around them.
- Water was filling the boat and the disciples were greatly afraid.
- Yet, Jesus only had to speak and the wind and sea calmed down.

Jesus has authority over all things.

- When the disciples awakened Jesus in their fear, He revealed that He is God when He asked them why they did not have faith.
- He was not asking them to have faith in their own power to save themselves or even in the power of man to save them, but for them to have faith that He was indeed God living among them.
- When He calmed the storm, He calmed the fears of the disciples.
- He not only had authority over nature, but over the hearts of men.

Who was able to stop the storm? (Jesus was.)

How was Jesus able to stop the storm? (He is God and has authority over everything.)



Use a fan to create a lot of wind. Allow it to blow on the children. Allow it to blow papers and objects around. Tell them that the air the fan is creating is like the wind outside. Ask the children to stop the wind with just their voices. Tell them to command the wind to stop. "Say, stop wind!" After they have tried a few times, turn the fan off. Remind them that we do not have authority over the wind. We can't stop nature with our voices, but Jesus could because He is God.

BIG IDEA: JESUS IS FULLY MAN.**Jesus took on flesh becoming man.**

- Jesus was not partially man or half man.
- He was fully man. He took on flesh and put on mankind's nature.
- He was a man and felt the same things that men feel.
- He experienced human things, human emotions.
- He has a divine nature and a human nature at the same time.
- This means that He chose to lower Himself from His place as God to become like man.
- He is not a created being. He has always been, yet He chose to become like a created being, man.

Because He is fully man, He experienced the same things that man experiences while He was on earth.

- As the storm brewed around the boat the disciples were on, Jesus slept.
- He slept because Jesus, the man felt fatigue. He was tired.
- Jesus, the man, felt hunger and thirst.
- He ate and drank food just like men do.

He was called the Son of Man.

- Many times He is referenced in scripture as the Son of Man.
- He is seen growing in wisdom when He is a young boy.
- He prayed to the Father just as men are to pray to the Father.
- He is fully man, just as He is fully God.

What was Jesus doing on the boat while the storm was raging? (He was sleeping because He was tired.)

How does Jesus sleeping show that He is fully man? (God doesn't need to sleep, but man does. Jesus was sleeping because He is fully man.)

BIG IDEA: JESUS KNOWS OUR FEARS AND UNDERSTANDS OUR PAIN.**Jesus' is all-knowing because He is fully God.**

- Because He is all-knowing, He knows our fears.
- He knows what is in our hearts, every fear and insecurity.
- He can speak to our fears with understanding because He has lived as we live.
- He is fully man so He can understand our fears, though He never sinned as a man on earth.



Read Psalm 23 with the preschoolers. Remind them Jesus is fully God and He is our shepherd. He understands the fears we have and He helps us through them.

Because He is human He can relate to our humanness.

- When the disciples woke Jesus they were very afraid.
- Jesus understood their fear and immediately calmed the storm.
- He did not make them continue in their fear.
- He knew they were scared of death and had no power over nature.
- He rescued them because He knew they were afraid.

There is nothing we experience as a human that Jesus does not understand.

- Just as He understood the disciples' fear and their anguish over the storm, He understands our fear and the anguish we fear as we face life.
- He is on our side. He has lived on this earth as a man and understands our journey.
- We can go to Him with the assurance of knowing that He understands our struggles.
- He steps into the storms of our lives as a rescuer who understands completely how we feel and He speaks to us as the Son of God that He is.

How did Jesus show that He understood the fear of the disciples? (He calmed the storm immediately because He knew they were afraid.)

6. Isaiah 59:2: *The sin of mankind had produced a separation between man and God. God is holy and is not united with sin; therefore, man is separated from God.*

7. John 14:16: *Jesus is the only way to the Father. No one can come to the Father or enter heaven unless he goes through the blood of Jesus.*

8. John 3:16, Romans 10:9: *Jesus was the promised salvation and only through Him can man be reconciled to God.*

9. Hebrews 2:9, Philippians 2:7: *Jesus lowered Himself to become like man in order to die the sinless death to pay the price for man's sin.*

BIG IDEA: JESUS CAME TO RESCUE US BY DYING IN OUR PLACE.**Jesus took on flesh to become fully man.**

- When He entered the world as a man, He entered a world of sin.
- He did this willingly that He might reconcile us to the Father.
- We see Jesus' humanity when He is in the boat with the disciples because He is sleeping, revealing that He experienced fatigue.

Jesus experienced human life as a sinless man.

- Jesus' sinless life is important because it is the way in which He could pay for the sins of the world.
- He experienced the human emotions of anger and frustration, but did so without sinning.
- Because of His sinless life, He is the perfect sacrifice for the sins of the world. He is the lamb without any blemish or spot.

Jesus took on our sins at the cross when God poured out His wrath on Him.

- Just as Jesus saved the disciples from the storm when He rebuked the wind and the sea, He saved all of mankind when He died on the cross.
- He knew no sin and lived a sinless life.
- When He went to the cross, God poured the wrath that we deserve for our sinfulness onto His Son, Jesus.
- Jesus bore this wrath in all of its fullness that man might not bear any of it.

How did Jesus rescue us? (He died in our place.)



Lead the preschoolers in a discussion about what it means to sacrifice. Talk with them about what it means to love someone so much that you'd die for them. Remind them that Jesus loves us so much that He was willing to die in our place. Sing the chorus of "Lamb of God" with them to reinforce this idea. The lyrics and music can be found at <https://www.youtube.com/watch?v=XYnZKfrVrOU>

HOOKS

**Jesus Is Both Man and God.**

On the board or a large poster board draw two columns. One should say “God” and the other “Man”. Lead the preschoolers in a discussion about what deity is and what humanity is. Help them make a list of what God is like and what we are like to help them understand the difference. Discuss with them how Jesus is both God and man, except that He never sinned, like we do.

**Jesus Has Power Over Everything.**

Bring something too heavy for a preschooler to pick up, such as a large water jug, or a piece of luggage filled with stuff to make it heavy. Lead the preschoolers in a discussion about how Jesus is fully God and He understands our fears. He’s more powerful than our fears. He has power over everything. Allow them to take turns trying to lift the object. Tell them that no matter how big or heavy our fears are to us, Jesus can do anything and everything because He is so powerful.

**Jesus is Our Rescuer.**

Have the children pretend to get in a boat like the one Jesus and the disciples were in. Have them pretend to step into it and then sit down next to each other. As they are seated in the boat, pretend that a storm comes up. Using a fan blow wind on them and have them move from side to side as if the boat is rocking. Then remind them that Jesus was so powerful that He spoke to the wind and the sea and they stopped. Turn the fan off and have the children stop moving. Remind them that Jesus is our rescuer. He came to the earth to save us just like He saved the disciples from the storm in the boat.