

# WISDOM CHOOSES TO GUARD THE HEART

## BIG TRUTH: WISDOM CHOOSES TO GUARD THE HEART

Philippians 4:6-7; Proverbs 7:25; 1 Peter 5:8; Proverbs 23:26

## BIBLE VERSE: PROVERBS 4:23

*“Keep your heart with all vigilance, for from it flow the springs of life.”*

## BIG IDEAS

- Wisdom protects us from folly by constantly calling us to hold fast to what is true.
- Wisdom knows what draws the heart away and chooses to reject what is false.
- Wisdom is a decision to search for God and aim our heart to follow His paths.

## BIBLE PASSAGE: PROVERBS 4

## KNEEL: LIVING IN WISDOM

The Kneel Year is an exploration of what it means to worship God with our all (Luke 10:26-28) and to use our influence to lead others to do the same. We know that as we pursue a life of worship, we will pursue a life of both wisdom and mission. Throughout this year we will study and pursue the wisdom of God through the book of Proverbs and the mission of God through the book of Acts, and we will learn how both of these things must inform and shape our influence as Jesus followers!

## SERIES AIMS



### Every student should know...

- What wisdom is.
- Why wisdom is worthy to be pursued.
- How to grow in wisdom.



### Every student should feel...

- Love for God who gives all wisdom.
- Satisfied and secure in the wisdom of God.
- Responsible to use their influence to live for Jesus alone.



### Every student should strive to...

- Read through the book of Proverbs one time each month.
- Memorize the Bible verse each week.
- Repent of the ways they have not pursued God and His wisdom.



### Every student should want...

- To fear the Lord and keep His commandments.
- To live their lives in pursuit of true wisdom.
- To guard their heart from all impurity.

## FAMILY WORKOUT:

This week we will ponder how to discuss with our son or daughter what it looks like to guard our hearts. We will pray for them to grow in their desire to pursue God's truth. We will lead them to practice pursuing God's truth and aiming their hearts at His paths.

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**Read Proverbs 4 and make notes in your journal. Answer the questions below in your journal:**

- Read Proverbs 4 and make note of repeated words in your journal.
- What does it mean to get wisdom and insight?
- Why is such a value placed upon getting wisdom and insight?
- In Proverbs 4:20-27, what instructions are given to the son? How does these instructions help the son stay on the path of truth?

**Read and meditate on Proverbs 4 this week. Use the questions below to guide your meditation:**

- Ponder what it looks like to model seeking God's truth and remaining on His path for your son or daughter. Do you do this faithfully? How can you discuss this with your son or daughter?
- Consider how you can discuss with your son or daughter what it looks like to aim their hearts at God's truth.
- Ponder how you can help your son or daughter learn truth so they can guard their hearts.



**Pray with your son or daughter this week.**

- Ask God to guide them to His truth and to keep them on His paths.
- Pray with your student this week. Ask God to help them aim their hearts at His truth.



**Memorize Proverbs 4:23 with your son or daughter this week.**

- Review the verse every day to help your son or daughter learn it.
- Discuss with your son or daughter ways you have aimed your heart. Help them make a list of some practical ways to guard their hearts. Share with them some of the ways you've used to guard your heart.
- Meet with your student to discuss ways that he or she can pursue God's truth. Help your student evaluate his or her life to see how well they reject the lies of the world and embrace the truth of God.