

# JESUS SETS US FREE TO SERVE OTHERS

## **BIG TRUTH: JESUS SETS US FREE TO WALK BY THE SPIRIT**

Romans 8:4, 14; John 16:13; Colossians 3:12

## **BIBLE VERSE: GALATIANS 5:16**

*“But I say, walk by the Spirit, and you will not gratify the desires of the flesh.”*

## **BIG IDEAS**

- When we walk by the Spirit, we will deny the desires of the flesh.
- Works of the flesh are evidence that we are slaves to sin.
- Fruit of the Spirit is evidence that we are set free in Christ.

## **BIBLE PASSAGE: GALATIANS 5:16-25**

## **UNITE: LIVING IN FREEDOM**

The Unite year is an exploration of what it means to be united in Christ as the family of God (Romans 12:5). When we are saved, we are brought into the family of God- seen throughout the Old Testament as “God’s People” and in the New Testament and today as the church (Exodus 6:7; Colossians 1:18). We are set free from our sin to walk in freedom in Christ (Galatians 5:1) and use our influence to call others to do the same.

## **SERIES AIMS**



### **Every student should know...**

- True freedom is only found in being a servant of Jesus
- We are set free not to do whatever we want, but to live for Christ



### **Every student should feel...**

- Grateful for Christ who sets us free
- Convicted of the ways that they are ruled by the desires of their flesh
- Responsible to use their influence to make much of God alone



### **Every student should strive to...**

- Read through the book of Galatians each week
- Memorize the Bible verse each week
- Deny the desires of their flesh to walk in step with the Spirit



### **Every student should want...**

- See the ways that they are tempted to pursue self-salvation, and repent of these
- Live for the approval of God, not others
- Help others move out of slavery to sin toward freedom in Christ

## **FAMILY WORKOUT:**

This week we will ponder how to discuss the truth that Jesus sets us free to walk by the Spirit with our son or daughter. We will pray for them to desire to walk by the Spirit as we lead them to practice bearing the fruit of the Spirit.

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**Read Galatians 5:16-25 this week and answer the questions below in your journal:**

- What conditional statement does Paul make in verse 16? How does this conditional statement rest upon believers making a choice every day?
- What statement does Paul make about the desires of the flesh and the desires of the Spirit in verse 17? What does this say about the believer's condition?
- How is Paul's list of the works of the flesh a statement on the fallen condition of mankind?
- How is the fruit of the Spirit different from the works of the flesh?
- What command and conditional statement does Paul give in verse 25? What does he say that believers should do?

**Read and meditate on Galatians 5:16-25. Use the questions below to guide your meditation:**

- Ponder how to discuss with your son or daughter the truth that believers are free to bear the fruit of the Spirit. How can you help them understand that believers do bear the fruit of the Spirit?
- Consider how you can model walking in the Spirit for your son or daughter. How can you help them see the daily choice to deny the flesh and be led by the Spirit?
- Ponder how to discuss with your son or daughter the truth that the works of the flesh are in opposition to the works of the Spirit. How can you help them identify the works of the flesh and the works of the Spirit?



**Pray for your son or daughter this week.**

- Pray for your student to grow in their desire to walk by the Spirit.
- Pray with your student, asking God to help them deny their flesh and grow in their desire to bear the fruit of the Spirit.



**Memorize Galatians 5:16 with your son or daughter this week.**

- Write the verse on an index card and review it each day this week.
- Discuss the works of the flesh and the fruit of the Spirit with your son or daughter this week. Help your son or daughter identify some of the works of the flesh that are temptations to them and the fruit of the Spirit that is hard to put on.
- Meet with your student to discuss ways that he or she can establish daily habits of being led by the Spirit. Establish a plan to help them find a healthy peer mentor or adult mentor who can help them grow in their discipleship.