FOCUS: I AM GROWING / SERIES: GOD IS THE WAY - I AM RUNNING THE RACE

EVERYONE'S LIFE PRODUCES Some kind of fruit

BIG TRUTH: EVERYONE'S LIFE PRODUCES SOME KIND OF FRUIT

Galatians 6:7-10; Matthew 6:22-23; 23:27; Luke 6:45; Matthew 12:33; Galatians 5:16-25

BIBLE VERSE: MATTHEW 7:20

"Thus you will recognize them by their fruits."

BIG IDEAS

- Beware! We are all prone to deception.
- The fruit of one's life is the byproduct of one's heart.
- Good fruit is the work of the Spirit; bad fruit is a rejection of God and will be rejected by the Father.

BIBLE PASSAGE: MATTHEW 7:15-23

TRANSFORM - I AM GROWING

The Transform Year is an exploration of what it means to become a "new creation" in Jesus. (2 Corinthians 5:17) In order for this to happen, we must first find our identity in Him. Many of us live in a consistent state of identity crises. We wrestle with questions like who am I, where do I belong, why do I exist? The answer to these questions is found in Jesus. Our prayer for this semester is that like the Apostle Paul we would be able to say, "I have been crucified with Christ, it is no longer I who live, but Christ who lives in me." (Galatians 2:20).

FEEL

WANT

SERIES AIMS

Every student should know that...

- God is the only way to life, hope, and peace.
- Everyone is on the path leading to life or the path leading to death.
 - The path to life is hard and few find it, while the path to death is easy and many are on it.



KNOW

Every student should strive to...

- Use the workouts consistently as a tool to help you study God's Word.
- Start using the ACTS model of daily prayer.
- Find a mentor who can consistently help you to run the race of life for God's glory.

Every student should feel...

- Fearful about the possibility of being on the road that leads to death.
 - Hopeful in the reality that God has made the path of life accessible through Jesus.
 - Encouraged that God's Word, people, and Spirit can help us run the race well.

Every student should ask God to...

- Give them a desire to pursue the path of life and reject the path of death.
- Help them to take the next step in obediently following Him this week.

FAMILY WORKOUT

We all bear some type of fruit. This week we will consider how to model identifying false teaching to our son or daughter. We will pray with them to grow in their own discernment and we will help them evaluate their own hearts for self-deception.



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Read Matthew 7:15-23 this week and meditate on these verses.

- Consider how to help your son or daughter identify false teachers and their own selfdeception. How can you model identifying false teachers to your son or daughter? How can you lead your son or daughter to walk submitted to Christ so that they bear good fruit?
- Consider how you can discuss with your son or daughter the condition of their heart. How can you help your son or daughter assess his or her heart and determine the areas they are not bearing good fruit?



Spend time praying for your son or daughter this week.

- Pray that the Holy Spirit will reveal the areas of their heart that is not submitted to Him. Pray that your son or daughter will grow in their ability to discern false teaching and selfdeception.
- Spend time praying with your son or daughter this week. Ask the Holy Spirit to help them grow in their understanding of their own hearts and God's Word. Ask the Holy Spirit to help them fully submit to His Spirit so that they might bear good fruit.



Discuss with your son or daughter strategies that you use to discern false teaching.

- Help your son or daughter come up with a plan to identify false teachers and the ways they deceive themselves. Commit to help your son or daughter grow in their ability to recognize bad fruit.
- Help your student or son or daughter evaluate his or her heart. Discuss ways they can recognize their own self-deception and ways to grow in discernment. Share some ways you have grown in discernment and recognizing the bad fruit of false teachers.